



Allied Health group services under Medicare for patients with Type 2 Diabetes


April 2007



Allied Health Group Services under Medicare for people with type 2 diabetes

Upon referral from a GP, patients with type 2 diabetes and a relevant care plan are eligible to be assessed by a Accredited Practicing Dietitian or Credentialed Diabetes Educator or Accredited Exercise Physiologist, to determine suitability to participate in group education sessions.

If suitable, the patient is then eligible to attend up to 8 group education sessions, delivered by either a dietitian, exercise physiologist, diabetes educator or a combination of these, to support diabetes self management.





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Available from 1 May 2007

Assessment for Group Services:

- Item 81100: Diabetes Education Service - Assessment for Group Services
- Item 81110: Exercise Physiology service - Assessment for Group Service
- Item 81120: Dietetics Service: Assessment for Group Service

Medicare Rebate \$60

Group Services:

- Item 81105: Diabetes Education Service - Group service
- Item 81115: Exercise Physiology service - Group service
- Item 81125: Dietetics Service: Group Service

Medicare rebate \$15 per session.





Patient eligibility criteria

To be eligible, patients must:

- Have type 2 diabetes
- Have a relevant care plan
- Be referred by their GP






Relevant Care Plan

Before referring a patient, a GP must put in place either:

- A GP Management Plan, item 721 or
- Where the patient has an existing GPMP, the GP must review that plan under item 725

OR

- For a resident of an aged care facility, the GP must have contributed to, or reviewed a care plan prepared by the facility (item 731)
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Team Care Arrangements

Patients being referred by a GP for allied health group services under items 81100 to 81125 do NOT need to have a TCA (item 723)

HOWEVER

If the GP also wishes to refer the patient for individual allied health services under items 10950 to 10970, it will be necessary to provide a TCA (item 723).



**STEP 1:
Referral**

GP refers eligible patient to CDE or AEP or APD or Practice known be involved in group services under the Medicare Group Item, to be **assessed** for suitability for a preferred group intervention.

**STEP 2:
Individual
Assessment**

CDE or AEP or APD individually **assesses** the patient for **suitability** and prepares for group services. Patients unsuitable for groups may be screened out at this time.

Report: to GP on assessment undertaken, suitability for group services, nature of proposed group services

**STEP 3:
Group Services**

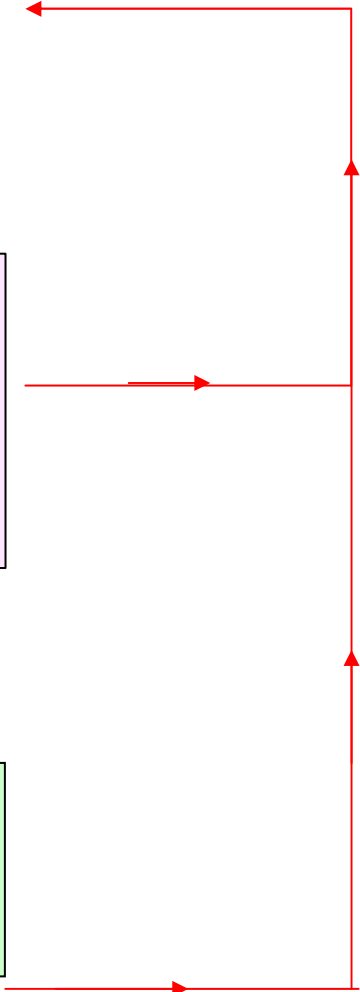
CDE and/or AEP and/or APD conduct group sessions.

A maximum 8 sessions per calendar year.

Sessions must include 2-12 Medicare patients.

Non-Medicare, full-paying patients can also attend.

Report: after last service to referring GP for each Medicare patient.





Step 1: Referral

GP refers eligible patient to either an:

- Accredited Practicing Dietitian (APD) or
- Credentialed Diabetes Educator (CDE) or
- Accredited Exercise Physiologist (AEP)

providing group services under the Medicare Group Items.





Eligible providers

Diabetes Educators, Dietitians and Exercise Physiologists
registered with Medicare Australia

To find an eligible provider:

Diabetes educator: www.adea.com.au

Exercise Physiologist: www.aaess.com.au

Dietitian: www.daa.asn.au





Step 2: Assessment

(Item 81100 or 81110 or 81120. Medicare rebate \$60.00)

APD or CDE or AEP individually (1 on 1) assess the patient, collecting data and preparing the patient for multidisciplinary group intervention.

Patients unsuitable for group intervention may be screened out at this time.

If suitable, patients can be directed to ANY type or combination of group service

On completion of assessment, a report to the referring GP on assessment undertaken, suitability for group service, nature of proposed group services should be provided.

NOTE: An assessment can only be conducted once (by one provider), per calendar year, per patient.





Step 3: Group education sessions

(Items 81105, 81115, 81125 Medicare rebate \$15 per session)

One or a combination of APD, CDE and/or AEP can deliver group sessions.

Sessions can be a minimum of 1 hour, and a maximum of 2 consecutive sessions can be delivered per day.

Eligible patients can receive a Medicare rebate for a maximum of 8 sessions per calendar year

At the completion of the last service a report including attendance, description of services provided and outcomes achieved should be provided to the referring GP.





Step 3: Group education sessions

(Items 81105, 81115, 81125 Medicare rebate \$15 per session)

Evidence supports a multidisciplinary team approach to group education

However, a multidisciplinary team does not have to deliver the group education to meet Medicare requirements

Allied health group services may be delivered by one type of allied health professional or a combination of providers.

In some areas (rural, remote, urban), different types of group services may be offered by allied health providers (eg courses targeting newly diagnosed patients, refresher courses or courses covering specific types of treatment and self management)





Further information

Department of Health and Ageing web site:

www.health.gov.au/epc

Medicare Benefits Schedule on line:

www.health.gov.au/mbsonline

Australian General Practice Network web site:

www.adgp.com.au/site/index.cfm?display=24480

