

Friday 20 November 2009

CONSULTING ROOMS FOR RENT

NQ Sports Medicine Centre Kirwan has a consulting room for rent. Award Winning, architecturally designed building at 93 Thuringowa Drive, Kirwan. **NQ Sports Medicine Pimlico** also has a consulting room for rent. Recently refurbished, off-street parking, close to Mater Hospital. Please contact Anoushka on p>0407 573 500 for more details on both rooms.

ONLINE MENTAL HEALTH SKILLS TRAINING

ThinkGP, with the generous support of the Department of Health and Ageing, ACTDGP and GPNSW, offer you free access to the latest online mental health skills training (MHST). The only required step is to ensure you are registered on the www.thinkgp.com.au website. Fact sheet attached. To access this education go to this link - <http://www.thinkgp.com.au/education/124735>.

INFECTION CONTROL & STERILISATION "UPDATE" FOR DENTAL & MEDICAL PRACTICE

Thursday 26th November, 5-9pm at Willows Golf Resort, Nineteenth Avenue, Kirwan. Presented by Lin Lohead, Infection Control & Sterilisation Consultant. Registration \$145.00 includes supper please see attached form for RSVP details.

headspace INTERACTIVE WORKSHOPS

For professionals who work with young people aged 12-25. Presenter: Peter Chown, Psychologist & Consultant. Three interactive workshops:

- Identifying & managing challenging behaviours in young people – 10th December 2009
- Early identification of psychosis in young people – 11th December 2009
- Motivational interviewing and behaviour change techniques – 12th December 2009.

See attached flyer for more details or to register.

BALINT GROUP

Friday 18th December 4:30pm-6:00pm at headspace, Riverway, Pioneer Park, Village Boulevard. RSVP to headspace p >4799 1799.

FAIRFIELD WATERS MEDICAL CENTRE

VRGP required for extra sessions January 4th – Jan 9th. Any amount of sessions. Also Saturday mornings on a regular basis. Remuneration negotiable. Please Contact Jodie for more information p> 4778 4581 or jpemmelaar@fairfieldwatersmc.com.au

GP REQUIRED

Full Time VRGP required for solo GP Practice. For more information please phone Michael on p> 4729 2257 or m> 0419 324 343

PART TIME RN/EEN WANTED

Position is at Hyde Park Medical Centre. Previous experience in General Practice is desirable but not essential. Essential - your caring nature, your good humour and honesty. Offering above award wage. Please Phone Manager for more info p> 4772 6222.

DECEMBER MATER MEETING

Caring for Refugee Patients in General Practice: An Overview. Presenters: Dr Megan Evans (Senior Medical Officer Refugee Health Qld) and Jane Connell (Clinical Nurse - Refugee Health Qld). Thursday 3rd December 2009, Light Lunch provided at 12:30pm. Lecture 1-2pm. RSVP to TGPN by Tuesday, 1 December 2009. See attached flyer.

PRACTICE MANAGERS AND PRACTICE NURSES CHRISTMAS PARTY

Tuesday 8th December at 6:30pm, Joy Thai Restaurant, Tavern St Kirwan. Social evening to catch up with old and new colleagues, with good food and a Christmas spirit. Meet the TGPN programme support team \$30.00 a head to include entrée and main meal. RSVP by 25th November, please see attached flyer.

CARING FOR THE VISION IMPAIRED

Free Guide Dogs Queensland Workshop, Tuesday December 8th 2009, 9am-12pm. Venue: Townsville RSL, 139 Charters Towers Road, Hermit Park. Bookings essential, for more details or to book contact Guide Dogs Queensland Kate Rucci p> 4728 6922 or e > k.rucci@guidedogsgld.com.au.

Please ensure the contact details you have for headspace are up-to-date. Current details are as follows: Phone > 4799 1799 and Fax > 4773 3806



A proud member of



Delivering local health solutions through general practice



headspace

Townsville

headspace Townsville invites professionals who work with young people aged 12-25 to attend one or all three days of these interactive workshops.

Thursday Dec 10th 2009

Identifying & Managing

Challenging Behaviours in Young People: Aggression, Self Harm & Suicide

Friday Dec 11th 2009

Early Identification of Psychosis in Young People

Saturday Dec 12th 2009

Motivational Interviewing and Behaviour Change Techniques

About the Presenter:

Peter Chown - Psychologist and Consultant

Peter Chown has 27 years experience as a Psychologist. He was formerly head of Cellblock Youth Health Centre – a pioneering multidisciplinary health service for adolescents at risk – at Camperdown Children's Hospital in Sydney. Peter has extensive experience in the areas of adolescent mental health, the development of youth-friendly health services and training of health professionals. He is a consultant for the NSW Centre for the Advancement of Adolescent Health (CAAH), and co-ordinated a youth health project for 3 years at the Northern Rivers Division of General Practice in NSW. He has worked as a consultant for the World Health Organisation, UNFPA and UNESCO on adolescent health programs in more than a dozen developing countries in Asia, Africa and the Pacific. Peter is also a specialist trainer for **headspace**. He has written numerous publications on adolescent health for schools, GPs and counsellors, and is the lead author of the CAAH publication 'GP Resource Kit on Adolescent Health'. Peter works in private practice as a Psychologist in northern NSW, where he specialises in working with adolescents and their families.



CPD Points Available for GP's

For queries please contact Kirsten Seymour on 4799 1799

Thursday Dec 10th 2009

Identifying & Managing Challenging Behaviours in Young People: Aggression, Self Harm & Suicide

Description of Workshop

This workshop is designed to advance practitioner's skills in:

- Managing barriers to engaging clients with difficult behaviours.
 - Understanding aggression and managing aggressive situations.
 - Developing the ability to recognise signs of self harm and suicidal thoughts.
 - The ability to talk about suicide, respond in a crisis and develop a safety plan.
 - Minimising the impact of stress and burn-out for practitioners working with young people with challenging behaviours.
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Friday Dec 11th 2009

Early Identification of Psychosis in Young People

Description of Workshop

This workshop is designed to advance practitioner's skills in:

- Understanding psychotic symptoms, At Risk Mental State (ARMS) and factors that can trigger psychotic disorders in young people.
 - Understanding the benefits of early intervention, barriers for young people accessing and engaging in treatment and strategies to engage individuals in the high risk group for psychosis.
 - Understanding the benefits of including carers, being aware of ethical considerations and understanding how and when to involve carers and or significant others.
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Saturday Dec 12th 2009

Motivational Interviewing and Behaviour Change Techniques

Description of Workshop

This workshop is designed to advance practitioners knowledge and skills in:

- The use of Motivational Interviewing to resolve ambivalence about behaviour change and engaging in treatment.
- Understanding the stages of behaviour change and the process of change.
- Goal setting and action planning with young people.
- Techniques to support the implementation of the young person's behavioural goals.

headspace Townsville have subsidised the cost of these workshops in order to provide up-to-date, practical training to professionals who work with young people in the Townsville community. Costs will include excellent quality resources and readings.

Time:

9.00 am—5.00 pm
(8:30 am registration)



Locations:

- December 10th – Tony Ireland Stadium Meeting Room, Riverway Complex, Thuringowa
- December 11th —12th - Riverway Conference Room, Riverway Arts Centre, Thuringowa

Lunch and Morning / Afternoon Tea provided — Please specify dietary requirements.

Registration Form

To register please complete this form and fax it to headspace on: 4773 3806

Name:Profession:

Organisation:Telephone:

Email Address:Dietary Requirements:

Payment Details:

- \$100 (GST inc) to attend day 1
- \$180(GST inc) to attend days 1 & 2
- \$260 (GST inc) to attend days 1, 2 & 3

I have made payment via:

- Cheque
- EFT Transfer

Please make payment via Electronic Funds Transfer (EFT) to the following account:

BSB: 084-970

Account no: 81-460-1753

Account name: Townsville Division of General Practice Ltd - headspace Townsville Account.

Please quote as reference your first name initial, surname & HSP

Or pay via cheque made out to the Townsville Division of General Practice Ltd.

Please send cheques to: Townsville General Practice Network, PO Box 7780, Garbutt BC 4814.

I will be attending:

- Day 1: Identifying & Managing Challenging Behaviours in Young People: Aggression, Self Harm & Suicide
- Day 2: Early Identification of Psychosis in Young People
- Day 3: Motivational Interviewing & Behaviour Change Techniques

This form will be considered a tax invoice upon receipt of payment

CHRISTMAS PARTY

*Jingle Bells, Jingle Bells
Jingle all the way to
Joy Thai Restaurant
Tavern Street
Kirwan*

**Tuesday 8th December
6.30 pm**

RSVP by 25 November 2009

Practice Managers
and
Practice Nurses

- Social evening to catch up with old and new colleagues, with good food and a Christmas spirit.
- Meet the TGPN programme support team
- \$30.00 a head to include entrée and main meal



RSVP by 25th November 2009
Christmas Party
for
Practice Managers and Nurses
At
Joy Thai on 8th December 2009

Name.....

Practice name.....

I will be attending.

MATER MEETING - DECEMBER

Caring for Refugee Patients in General Practice: An Overview



Townsville General Practice Network invites GPs and Practice Staff to the December Mater Meeting to listen to guest speakers: Dr Megan Evans (Senior Medical Officer Refugee Health Qld) and Jane Connell (Clinical Nurse - Refugee Health Qld)



Thursday 3rd December 2009

Light Lunch provided at 12:30pm

Lecture 1-2pm

LEARNING OBJECTIVES

1. Increase awareness of the role of Refugee Health Qld in supporting the care of refugee patients in the General Practice setting.
2. Highlight the common health concerns presenting in refugee patients and their management.
3. Provide advice for practices in overcoming some of the barriers to refugees accessing primary health care optimally.
4. Increase knowledge of the other services available in the community to help support refugees in their settlement period.

VENUE:

Mater Misericordiae Hospital Conference Room
21-37 Fulham Road PIMLICO QLD 4812

POINTS:

This activity has been approved by the RACGP QA CPD Program.
TOTAL POINTS 2 (Category 2) - Activity No: 742020
ACRRM 1 point—Activity No: EEACR-8011-TGPN1



**RSVP to TDGP by Tuesday, 1 December 2009 on fax 4725 8921;
Telephone 4725 8915 or email contact@tgpn.com.au**

Name:.....

Is there anything else you would like covered in the session?

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